

Reporting on a road traffic incident?

Be sure to include help-seeking information

Road trauma happens unexpectedly and can impact the way in which we view the world. It is normal for the driver, passenger, witness, person who assisted at the scene of a road crash, family members or friends to experience a range of upsetting thoughts, feelings and reactions following a road traffic incident.

Despite the evidence of the impact of road trauma and the effectiveness of prevention efforts, the majority of people affected by a road traffic incident do not seek help after their crash.

To normalise help-seeking behaviour and reduce barriers individuals may face to accessing professional support, it is essential that information about support services are included when reporting on any road traffic incident.

At least two crisis support options should be listed and they should be selected based on the type of media output that the report is being included in and who the story is being communicated to.

Services that can be listed within your report include:

- Road Trauma Support WA 1300 004 814 (Mon-Fri)
- Lifeline 13 11 14
- Kids Helpline 1800 55 1800 (ages 5-25)
- Crisis Care 9223 1111 or 1800 199 008
- GriefLine 1300 845 745
- Here for you 1800 437 348
- Rural Link 1800 552 002

Example:

If you or anyone you know has been affected by a road crash, contact Road Trauma Support WA on 1300 004 814.

Road Trauma Support WA provides free specialist support to anyone impacted by road trauma. This service is open weekdays from 8.30am to 4.30pm. Information, fact sheets and brochures can be accessed at www.rtswa.org.au

**For more details on
how to report on
road traffic incidents,
scan the QR Code**



in
injury matters



**Road Trauma
Support WA**

www.injurymatters.org.au