## For anyone affected by a road crash.

Road Trauma Support WA (RTSWA) provides information, support and counselling to Western Australians affected by a road crash.

RTSWA support anyone who has been affected by a road crash. This includes anyone who has lost a loved one, anyone who has been injured or anyone who has caused a road crash. Families, friends, carers, first responders and witnesses can all access our service.

Your experience and the support you need is personal to you. Our service offers free information and tools to help guide you through some of the concerns and emotions you may have after a road crash.

To access our fact sheets and brochures visit us at www.rtswa.org.au

## The impact of a crash can be felt **long after the scene is cleared.**

**Everyone has different ways of dealing with the impact of a road crash.** You may find it helpful to talk to someone, particularly if you are struggling with every day activities, special events or anniversaries.

We provide free counselling in person, over the phone or by video call. You can access counselling regardless of when the crash occurred, with no referral needed.

Our specialised counsellors will help you in a safe, non-judgemental and confidential manner.

We also deliver presentations and workshops to groups and workplaces wanting to learn more about reducing the impact of road trauma. Please call us to discuss how we can tailor a session to suit your needs.

## Road Trauma Support WA



injury matters

Road Trauma Support WA is funded by the Road Trauma Trust Account, with contract management by the Road Safety Commission WA.



How we can help you.

We create a safe space for you to express emotions

We help you realise your reactions are normal

We can link you with other services that can also help

We listen without judgement

We help you realise it's OK to look after yourself

We create a place where it's OK to not be OK



We offer phone and video call sessions to support you, **no matter where you live in WA.** 



For more information or to book an appointment:

- CALL CALL
  - 1300 004 814 (free call)
- Email us at admin@rtswa.org.au or visit www.rtswa.org.au
- OFFICE LOCATION

  Level 2, 297 Vincent St, Leederville WA

  Mon-Fri, 8.30am-4:30pm

Need immediate support? **Lifeline 13 11 14**